

Tobacco Usage Risk Advertisement

Dear Patient:

Please be advised that the usage of tobacco products before or after your planned cosmetic surgery has been associated with many significant complications. These include bronchitis, pneumonia, laryngospasm, atelectasis (partially collapsed lung), and generalized wound healing problems. Specific operations have been associated with very severe complications. The operations include: **facelift, breast lift, breast reduction, and tummy tuck**. The mechanism of nicotine-associated complications is that nicotine will cause vasoconstriction (narrowing of the lumen) of the blood vessels around the operative sites. This vasoconstriction prevents oxygen and other nutrients from reaching the healing wounds.

The specific risks and complications associated with the use of tobacco before or after the surgery include.

FACELIFT

- Loss of skin
- Delayed wound healing
- Increased scarring

BREAST LIFT OR BREAST REDUCTION

- Loss of skin
- Loss of nipple
- Delayed wound healing
- Increased Scarring

BREAST LIFT OR BREAST REDUCTION

- Loss of skin
- Loss of belly button
- Delayed wound healing
- Increased Scarring

For your safety we request that you stop smoking at least a week before surgery and continue to not smoke for two weeks after the surgery.

I _____, have read and understand the risks, complications and adverse affects associated with the use of tobacco products prior to and after my surgery. If I decide to smoke either prior to or after my surgery I take full responsibility for all the complications related to my use of tobacco.

Patient Signature: _____

Witness Signature: _____